

Employee Health and Wellbeing - Developing an Integrated Approach

Dublin

Ashling Hotel
Thursday 23rd April 2020

Portlaoise

The Midlands Park Hotel
Wednesday 13th May 2020



Certified Training

High Value Learning

About this Course

Work Related Health Risks.

The Health and Safety Authority announced a new health and safety strategy 2019-2021 which placed an increased focus on work related health risks. Employers have a legal obligation to assess all workplace health risks which may cause illness and comply with health and safety general application regulations.

Health Promotion, Health Surveillance and Health Screening in the Workplace

Under Section 22(1) of the SHWW Act 2005 every employer must ensure that health surveillance appropriate to the risks to safety, health and welfare that may be incurred at the place of work identified by the risk assessment under section 19 is made available to his or her employees.

Learning Objectives

At the end of this seminar, those attending will have knowledge of:

- Developing a Workplace Health and Wellbeing policy and programme.
- Conducting risk assessments on all workplace physical and behavioural risks
- Reducing stress and increasing personal resilience.

Course Presenters



Maurice Quinlan Director of EAP Institute, introduced the Occupational Alcoholism Programme (OAPs) concept to Europe and hosted the first seminar on this topic in the Clarence Hotel, Dublin, in September 1980. In 2017 he designed a new training module to manage the Health and Safety Risks of those who drive for work.



Dr Deirdre Gleeson graduated in 1992 from Trinity College, Dublin and completed vocational training in General Practice in 1996. Dr Gleeson completed the specialist registrar-training program with The Faculty of Occupational Medicine of The Royal College of Physicians in Ireland in 2004 and is now a Fellow of the Faculty. In 2005, Dr Gleeson founded Medwise Occupational Health Services, which has clinics in Dublin, Limerick and Naas



Dr Sasha Hennessy Specialist in Occupational Health, Medwise, Limerick. Sasha graduated from RSCI in 2007 and trained in Clinical Medicine in Beaumont Hospital, Dublin and Letterkenny Hospital. Portlaoise Speaker 13th May 2020.

**Online booking fee
€325
Manual and USB supplied with
full notes**

Course Programme

- 8.30 am Registration. Tea/Coffee and Danish Pastries.
- 9.00 am Guidelines on developing an integrated Employee Health and Wellbeing Policy and Programme
Health and Safety Strategy 2019-2021. Employee Health and Wellbeing Bill 2015.
Maurice Quinlan
- 10.00 am Risk Assessment - Physical Risks
Assessing all workplace physical risks which may cause illness. Identifying and complying with health and safety general application regulations.
- 10.30 am Tea/Coffee
- 11.00 am Risk Assessment – Mental Health Risks
Employer's legal obligations under Health and Safety and Equality Legislation. Case Law.
- 12 Noon Conducting Employee Medical Fitness for Duty Evaluations
Dr Deirdre Gleeson, Medwise, will speak at the Dublin Seminar on 23rd April
Dr Sasha Hennessy, Medwise, will speak at the Portlaoise Seminar on 13th May
- 1.00 pm Lunch
- 2.00 pm Reducing Personal Stress, Personality Type, Impact of Life Events. Adaptive Behaviour.
- 3.00 pm Comfort Break
- 3.15 pm Sleep, Health and Work
Duty to warn of imminent danger - mental ill health following traumatic incident.
- 4.00 pm Template for an integrated Health and Wellbeing Programme
Maurice Quinlan
- 4.30 pm Course and speaker evaluations, Certificate of Attendance.

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Go to www.eapinstitute.com for accommodation information

**Book Online
€325**

www.eapinstitute.com

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