

Workplace Mental Health - Introducing a Structured Approach Using IOSH Guidance



New For 2021

Online Certified Learning Programme in 2 sections
Thursday 13th May 2021 (10am - 1pm)
Thursday 20th May 2021 (10am - 1pm)

May 2021
Mental Health
Awareness
Month

Certified Training Course

High Value Blended Learning

Assignment Based

About This Certified Course

The Institution of Occupational Safety and Health (IOSH) declare that workplace mental health is now a safety issue.

A number of factors have combined in the EU member States of Ireland and the United Kingdom which will determine how employers will respond to workplace mental health. Workplace mental health is now a safety issue. The Institution of Occupational Safety and Health (IOSH) have taken the lead and are declaring that workplace mental health is now a safety issue and that its members are well placed to respond.

Focus on compliance, risk assessments and employee support therapy.

IOSH Magazine's March 2019 issue focused on evaluating employee assistance programmes and implementing structured wellbeing programmes. IOSH is urging its members to think safety, compliance, risk assessments, and employee support therapy to address the mental health issues that are now impacting the workplace.

Certified Training Certificate of attendance presented by the EAP Institute will be sent by post. The full course notes and the PowerPoint will be sent by email.

Continuing Professional Development Awards

Professional Development Hours (P.D.H.'s) will be awarded by the Employee Assistance Certification Commission (EACC) for attendance.

IOSH CPD Points

The Institution of Occupational Safety and Health (IOSH) members will be able to allocate CPD points to the course at the rate of 3 points per course day.

Learning Objectives

- Outline the Institution of Occupational Safety and Health (IOSH) Guidance on Workplace mental health and the proposed ISO 45003 standard on workplace Psychological health and psychosocial risks" due in July 2021.
- How to conduct a mental health risk assessments for all mental health risks and providing reasonable accommodation for employees with disabilities.
- Defining limits of Manager's role in relation to managing poor performance and signposting employees to appropriate mental health professionals and community based resources, for support.

Presenters



Maurice Quinlan Director of EAP Institute introduced the Occupational Alcoholism Programme (OAPs) concept to Europe and hosted the first seminar on this topic in the Clarence Hotel, Dublin, in September 1980. In 2018 he designed a new model of Employee Support Services (ESS) to manage workplace mental health risks.

Online Booking fee
€225
Full notes and Power-point
Presentation will be
emailed to each delegate
after the course



Thorbjorg Helga Vigfusdottir, She is the founder and CEO of Kara Connect, a secure digital workstation for professionals of support in health, education and welfare. Before Kara Thorbjorg established Trappa a telepractice services clinic that provides access to speech therapists, behavioural therapy therapists, anxiety therapy and school counselling all over Iceland. She is the vice-Chairman of the National Theatre board of directors and recently stepped down from the board of the marketing project Iceland Naturally and the board of the Commercial College of Iceland (www.verslo.is).

Course Programme



Thursday 13th May Part 1 (10am - 1pm)

10.00 am

Course Introduction, Content Review Advance online learning Review the Health and Safety Authorities Response plan for Covid-19
Maurice Quinlan, Director EAP Institute
Outline the Institution of Occupational Safety and Health (IOSH) guidance on workplace mental health

11.00 am

A Digital Workstation for Professionals in Business Health Welfare and Education.

As a former politician Helga noticed that a number of things could increase the access to help by using digital tools, she left and started a digital platform. Helga will tell delegates about the journey, the incredible rewards when working on a social impact mission and also the barriers. She will also tell us how she chooses Ireland as the first country outside of Scandinavia to introduce her solution.

The platform is used by clinics, municipalities and governments in professional services such as mental health support, behavioural therapy, alcohol support, child protection and welfare services.

Helga Vigfusdottir, Founder of Kara Connect Iceland

12.00 pm

Checklist for developing a workplace mental programme

1.00 pm

Summary, evaluations and assignments

Course Programme

Thursday 20th May Part 2 (10am - 1pm)

10.00 am

Workplace behavioral health - all risks assessment for workplace behavioral and mental health.

11.00 pm

Reasonable accommodation procedures

12.00 pm

Reasonable accommodation process for employees with mental health disabilities. Duty to warn of imminent danger - mental health following traumatic incidents. Template for developing a workplace mental programme

1.00 pm

Summary, evaluations and assignments

Book Online

€225

www.eapinstitute.com

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Online Booking fee €225

Full notes and Power-point Presentation will be emailed to each delegate after the course